

RACES Community Resource Guide

Champaign, Ford, Piatt, and Douglas Counties

Mental Health Services

<p>Ascend- Specializes in Eating Disorders Phone: (217) 531-4796 Website: http://ascendchc.com/</p>	<p>Carle Therapy Services- All Insurance Phone: (217) 383-3400 Website: https://carle.org/services/TherapyServices</p>
<p>Compass Counseling and Consulting – Insurance and Sliding Scale Fees LGBTQ Friendly Phone: (217) 693-4918 Website: http://www.compasschampaign.com/</p>	<p>Courage Connection- Domestic Violence Counseling Services Phone: (217) 384-4462 Crisis Line: (217) 384-4390 Website: http://courageconnection.org/</p>
<p>Crosspoint Human Services (SASS Program) Medicaid Crisis Intervention Services for ages 4-21 Long Term Therapy Services Phone: (217) 351-9744 SASS Crisis Line: 1-800-345-9049</p>	<p>CRCC (Ford County) – All Insurance Phone: (217) 379-4302 Website: http://www.4crcc.com/</p>
<p>Community Elements Therapy/Psychiatry/Groups – All insurance Phone: 217-398-8080 or 217-373-2430 Crisis Line: 217-359-4141 Website: http://communityelements.org/</p>	<p>Douglas County Mental Health- All Insurance Individual and Group Therapy; Psychiatry Services Phone: (217) 253-4731 Website: http://www.douglascountyiil.com/mentalhealth.html</p>
<p>Family Services of Champaign County- sliding fees Phone: (217) 352-0099 Website: http://www.famservcc.org/</p>	<p>Frances Nelson- Insured and Uninsured Individual Therapy Services Case Management Services Phone: (217) 356-1558 Website: http://www.promisehealth.org/</p>
<p>Kevin Elliot Counseling Group- private insurance Phone: (217) 762-5371 Website: http://elliottcounselinggroup.com/</p>	<p>Green Street Counseling – Not a Free Service Phone: (217) 328-3039</p>
<p>Prairie Center- All Insurance, Self-Pay Substance Abuse Treatment Phone: (217) 328-4500 Website: http://www.prairie-center.com/</p>	<p>Pavilion- All Insurance Inpatient and Partial Hospitalization Programs Phone: (217) 373-1700 Website: http://www.pavilionhospital.com/</p>
<p>Piatt County Mental Health Center- All Insurance Accepted Individual and Group Therapy Services Phone: (217) 762-5371 Website: http://www.piattmhc.org/</p>	<p>Psychological Services Center-Insurance or Sliding Scale Phone: (217) 333-0041 Website: http://www.psc.illinois.edu/</p>

Parkland Community College Resources

<p>Parkland College Counseling Center Phone: (217) 351-2219 Website: http://www.parkland.edu/counseling/</p>	<p>Parkland College Wellness Center Phone: (217) 373-3879 Website: http://www.parkland.edu/wellnesscenter</p>
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University of Illinois Resources

<p style="text-align: center;">McKinley Health Center</p> <p>Phone: (217) 333-2700 Website: http://www.mckinley.illinois.edu/</p>	<p style="text-align: center;">Women's Resource Center</p> <p>Phone: (217) 333-3137 Website: https://oir.illinois.edu/womens-center</p>
<p style="text-align: center;">University of Illinois Police Department</p> <p>Phone: (217) 333-2337 Website: http://police.illinois.edu/</p>	<p style="text-align: center;">Counseling Center</p> <p>Phone: (217) 333-3704 Website: http://counselingcenter.illinois.edu/</p>
<p style="text-align: center;">Emergency Dean</p> <p>Phone: (217) 333-0050</p>	

Psychiatry Services

<p style="text-align: center;">Carle Psychiatry</p> <p>Urbana, IL Phone: (217) 383-3311</p>	<p style="text-align: center;">Dr. Surinderpal Kahlon, MD</p> <p>No one under 18/Medicaid 601 N. Logan Ave, Danville, IL 61832 Phone: (217) 442-4055</p>
<p style="text-align: center;">Dr. Morton- Behavioral Specialist</p> <p>Makes referrals Champaign, IL Phone: (217) 365-6202</p>	<p style="text-align: center;">Douglas County Mental Health</p> <p>*Must have counselor first (1wk) Tuscola, IL Phone: (217) 253-4731 Website: http://www.douglascountyil.com/mentalhealth.html</p>
<p style="text-align: center;">Dr. Albert C. Lo, MD</p> <p>208 E. Springfield Ave, Suite A. Champaign, IL 61821 Adults/No Medicaid – cash only (\$275 first appt) Phone: (217) 355-0926</p>	<p style="text-align: center;">Life Links</p> <p>Mattoon, IL Adults Only Phone: (217)238-5700 Website: http://www.lifelinksinc.org/</p>
<p style="text-align: center;">Dr. Feiteng Su, MD</p> <p>801 N. Walnut St. Champaign, IL 61820 *Adults 18 & up/Medicaid Phone: (217) 337-2130 – Crisis Only</p>	<p style="text-align: center;">Iroquois Mental Health Center</p> <p>Watseka, IL Adolescents 10 & up Adults must be in therapy Phone: (815) 432-5421 Website: http://www.iroquoismhc.com/</p>
<p style="text-align: center;">Behavioral Wellness Center (Telepsychiatry)</p> <p>Gibson City Wait for children (1 mon), less wait for adults Phone: (217) 784-4540</p>	<p style="text-align: center;">CRCC</p> <p>Dr. Ramirez Paxton, IL *Must see therapist first & be referred Phone: (217) 379-4302</p>
<p style="text-align: center;">Dr. Hayng Sung Yang, MD</p> <p>801 N. Walnut St. Champaign, IL 61820 Adults Only/Medicaid Phone: (217) 373-2430</p>	<p style="text-align: center;">Harshawat & Associates</p> <p>Dr. Harshawat Terra Haute, IN Adults/Children Medicaid Phone: (812) 234-4899</p>
<p style="text-align: center;">Aunt Martha's</p> <p>Dr. Ramirez Danville, IL Adults/Children Medicaid Phone: (217) 442-8790</p>	<p style="text-align: center;">Dr. Surjit Singh, MD</p> <p>3642 S. 4th St. Terre Haute, IN 47802 Adolescents/Adults Medicaid Phone: (812) 234-7945</p>

Medical/Clinics

<p>Champaign- Urbana Public Health Free STI Testing Does not require proof of citizenship Phone: (217) 352- 7961 Website: http://www.c-uphd.org/</p>	<p>Planned Parenthood Offers Medical Abortions up to 9 Weeks Phone: (217) 359-8022 Website: https://www.plannedparenthood.org/</p>
<p>Frances Nelson Medical Center Phone: (217) 356-1558 Website: http://www.promisehealth.org/</p>	<p>Women's Health Practice Offers Medical and Surgical Abortions Phone: (217) 356-3736 Website: http://www.womenshealthpractice.com/</p>
<p>Avicenna Community Health Center Free Healthcare for the Uninsured Does not require proof of citizenship Phone: 217-403-5498 Website: http://www.avicennahealth.org</p>	

Homelessness/Housing Services

<p>Austin's Place- through Courage Connections ER Shelter for Single Women During Winter Months Phone: (217) 356-9078 Website: http://shelter-austinsplace.weebly.com/</p>	<p>BETH'S Place Tuscola Domestic Violence Shelter for Women Hotline: (217) 253-2555 Website: http://www.bethsplace1999.org/</p>
<p>Catholic Worker House Shelter, call first before going Phone: (217) 355-9774 Website: https://stjudecatholicworker.wordpress.com/</p>	<p>Courage Connection Domestic Violence for Women and Children Hotline: (217) 384-4390 Website: http://courageconnection.org/</p>
<p>CU at Home Case Management Services/Shelter Phone: (217) 819-4559 Website: http://www.cuathome.us/</p>	<p>Empty Tomb Assists with Food, Clothing, Furniture Phone: (217) 356-2262 Website: http://www.emptytomb.org/</p>
<p>Homestead Corporation of Champaign-Urbana Apartment Complex with 25 Single-Person Units Phone: (217) 344-1292 Website: http://www.homesteadcorp.org/</p>	<p>Neighbor House Piatt County Domestic Violence Shelter Hotline: (217) 631-1111 Website: http://www.willowtreemissions.org/services/neighbor-house/</p>
<p>Restoration Urbana Ministries Transitional Housing (requires participation in religious activities) Phone: (217) 355-2662 Website: http://restorationurbanministries.net/</p>	<p>Roundhouse (Community Elements) Temporary Shelter for Youth 11-21 years old Phone: (217) 356-5276 Crisis Hotline: (217) 356-4141 Website: http://communityelements.org/roundhouse-services-2/</p>
<p>Safe Place (through the University) Domestic Violence Shelter for Staff and Students Hotline: (217) 840-2232</p>	<p>Salvation Army Emergency Shelter, men only Phone: (217) 373-7830 Website: http://centralusa.salvationarmy.org/</p>
<p>TIMES Center Homeless Shelter, men only Phone: (217) 398-7785 Crisis Line: (217) 359-4141 Website: http://communityelements.org/our-services/times-center/</p>	<p>United Way Emergency Family Shelter Shelters for Intact Family Members during Winter Months Phone: (217) 372-1137 Website: https://www.efsp.unitedway.org/efsp/website/index.cfm</p>

Legal Assistance

Land of Lincoln Legal Assistance Free for low-income clients, screening required Phone: 217-356-1351 Website: http://lollaf.org/	Illinois Lawyer Finder Private Attorneys Phone: 1-800-922-8757 Website: http://www.illinoislawyerfinder.com
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Local Emergency Numbers

Adult Protective Services (866) 800-1409	Domestic Violence Hotline (217) 384-4390
Crisis Nursery (217) 337-2730	Carle Emergency Department (217) 383-3313
Champaign County Sheriff (217) 384-1204	Champaign Police Department (217) 351-4545
DCFS Urbana: (217) 278-5400 Hotline: (800) 252-2873	Mental Health Crisis Line (Community Elements) (217) 359-4141
University of Illinois Police Department (217) 333-2337	Urbana Police Department (217) 384-2320
Presence Covenant Emergency Department (217) 337-2131	

Illinois Coalition Against Sexual Assault (ICASA) Agencies and Phone Numbers

ICASA Phone Number: (217) 753-4117

Website: www.icasa.org

Arlington Heights: Northwest Center against Sexual Assault Phone: (847) 806-6526 Website: http://www.nwcasa.org/	Hickory Hills: Pillars Community Services Phone: (708) 745-5277 Website: https://pillarscommunity.org/
Aurora: Mutual Ground Phone: (630) 897-0084 Website: http://www.mutualground.org/	Joliet: The Guardian Angel Community Services Phone: (815) 729-0930 Website: http://www.gacsprograms.org/
Belleville (East St. Louis): Call for Help, Incorporated Phone: (618) 397-0968 Website: http://callforhelpinc.org/	Kankakee: Kankakee County Center Against Sexual Assault Phone: (815) 932-7273 Website: http://www.kc-casa.org/
Bloomington: Stepping Stones, YWCA McLean County Phone: (309) 662-0461 Website: http://www.stepsstones-inc.org/	Macomb: Western Illinois Regional Council/Community Action Agency Phone: (309) 837-2997 Website: http://www.wirpc.org/communityaction/
Carbondale: The Women's Center Phone: (618) 549-4807 Website: http://www.thewomensctr.org/	Peoria: Center for Prevention of Abuse Phone: (309) 691-0551 Website: http://www.centerforpreventionofabuse.org/

<p>Charleston: Sexual Assault Counseling and Information Services Phone: (217) 348-5033 Website: http://www.sacis.org/</p>	<p>Princeton: Freedom House Phone: (815) 872-0087 Website: http://www.freedomhouseillinois.org/</p>
<p>Chicago Heights: YWCA Metropolitan Chicago South Suburban Center Chicago: YWCA Metropolitan Chicago SVSS Glendale Heights: YWCA Metropolitan Chicago West Suburban Center Phone: (312) 372-6600 Website: http://www.ywcachicago.org/</p>	<p>Quad Cities: Family Resource, Inc Phone: (563) 326-6431 Website: http://www.famres.org/</p>
<p>Chicago: Mujeres Latinas En Accion Phone: (773) 890-7676 Website: http://www.mujereslatinasenaccion.org/</p>	<p>Quincy: Quanada Phone: (217) 223-2030 Website: http://www.quanada.org/</p>
<p>Chicago: Rape Victim Advocates Phone: (312) 443-9603 Website: http://www.rapevictimadvocates.org/</p>	<p>Rockford: Rockford Sexual Assault Counseling, Inc. Phone: (815) 636-9811 Website: http://www.rsaconline.org/</p>
<p>Decatur: Growing Strong Phone: (217)428-0700 Website: http://www.growingstrongcenter.org/</p>	<p>Springfield: Prairie Center Against Sexual Assault Phone: (217) 744-2560 Website: http://www.prairiecasa.org/</p>
<p>Dekalb: Safe Passage Phone: (815) 756-7930 Website: http://www.safepassagedv.org/</p>	<p>Streator: ADV&SAS Phone: (815) 672-2353 Website: http://www.advsas.org/</p>
<p>Elgin: Community Crisis Center Phone: (847) 742-4088 Website: http://www.crisiscenter.org/</p>	<p>Sterling: YWCA of Sauk Valley Phone: (815) 625-0333 Website: http://www.ywca.org/site/pp.asp?c=agLKKXNKE&b=63334</p>
<p>Galena: Riverview Center Phone: (815) 777-8155 Website: http://www.riverviewcenter.org/</p>	<p>**Urbana: Rape Advocacy, Counseling, & Education Services (RACES) Phone: (217) 344-6298 Website: http://www.cu-races.org/</p>
<p>Gurnee: Zacharias Sexual Abuse Center Phone: (847) 244-1187 Website: http://zcenter.org/</p>	<p>Vandalia: Sexual Assault and Family Emergencies Phone: (618) 283-1414 Website: http://www.safecrisiscenter.org/</p>

UP Center – LGBTQA Support Resource for Individuals, Families, and Allies
217-550-4248

Illinois Coalition Against Domestic Violence
Phone: 877-863-6338
Website: ilcadv.org

For further information regarding resources, you can always try calling 2-1-1 for assistance or visit their website: findhelp211.org